

**Thursday October 6<sup>th</sup> 2016**  
Networking Event  
*«Discovering Rome»*



Enjoy the unforgettable  
experience to live and dine  
in an ancient villa  
of the II century just in the  
center of the ancient Rome,  
the “Eternal City”



Spazio Libero soc. coop. soc. (o.n.l.u.s.)



## CASE ROMANE DEL CELIO

sottostanti la  
Basilica dei Ss. Giovanni e Paolo



gestione e visite guidate



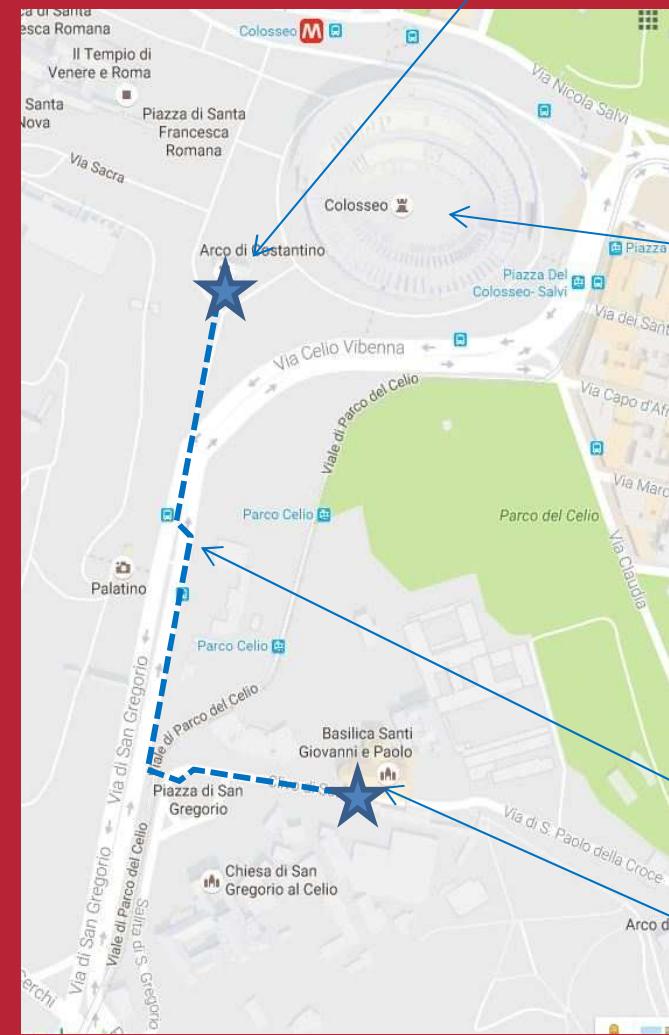
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CENTRAL ITALY CHAPTER

October 6<sup>th</sup> 2016

7 – 10 p.m.



1 - Meeting point:  
Arch of Constantine at 7 p.m.



2 - View of Coliseum



3 - View Palatine Hill

4 – Case Romane del Celio



DOMUS ROMANE DEL CELIO  
EPITYRUM

Olives, seeds of coriander, cumin, bimbel herb, tulisan, mint, vinegar, oil  
Cato, De Agricultura, CXX

MORETUM (formaggio all'aglio)  
Pecorino cheese, garlic, celery, tulisan, coriander, parsley, oil, vinegar  
Appendix Vegetaria, Moretum, 85-117

LAGANA DE CUCURBITIS (lasagne alla zucca)  
Lasagna, pumpkin, garlic, leek, seeds of fennel, cumin, coriander, pepper, walnut-treacle, garum  
Apicio, De Re Coquinaria, II, 2,6

TISANA BARRICAM (tisana di legumi e verdure)  
Split chickpeas, lentils, broad beans, parsnips, celery, oregano, garlic, garum  
Apicio, De Re Coquinaria, IV, 4,2

PULLUS OXYZOMUS ALLA MANIERA DI APICIO (pollo con le prugne)  
Chicken, plums, laurel, honey, garlic, vinegar, oil  
Apicio, De Re Coquinaria, VI, 5,13

ESICIA OMENTATA (polpetta di carne al vino rosso)  
Veal, pig, red wine, egg, bread, crumb, pepper, berries of juniper, garum  
Apicio, De Re Coquinaria, II, 1,7

ALITER PATINA DE LETTUCE (frittata di lattuga)  
Lettuce, eggs, cumin, coriander, mint, pepper, salt, oil  
Apicio, De Re Coquinaria, II

CECI ALLA MANIERA ANTICA  
Chickpeas, cumin, coriander, honey, pepper, salt, oil  
Popular traditional kitchen

SAVILLUM (torta al formaggio)  
Cottage cheese, flour, eggs, honey, poppy seeds, liberta, almonds  
Cato, De Agricultura, LXXXIV

MULSUM (vino mietato)  
Wine, honey  
Apicio, De Re Coquinaria

